



<input type="checkbox"/>  Backpack 30 l	<input type="checkbox"/>  Sport underwear (+ spare)	<input type="checkbox"/>  Warm and waterproof boots (Gore-Tex) with winter sole (VIBRAM)			
<input type="checkbox"/>  Warm and windproof pants	<input type="checkbox"/>  Waterproof coverpants			<input type="checkbox"/>  Gore-Tex jacket	<input type="checkbox"/>  Light down jacket
<input type="checkbox"/>  Warm socks (+ spare)	<input type="checkbox"/>  Warm beanie	<input type="checkbox"/>  Sun cap	<input type="checkbox"/>  Warm gloves (like ski-gloves)	<input type="checkbox"/>  Gaiters	
<input type="checkbox"/>  Headlamp	<input type="checkbox"/>  Suncream	<input type="checkbox"/>  Sunglasses	<input type="checkbox"/>  Snack (dry fruit, chocolate bars..)	<input type="checkbox"/>  Thermo bottle	
<input type="checkbox"/>  Trekking poles	<input type="checkbox"/>  Harness (provided by the Guide)	<input type="checkbox"/>  Crampons (provided by the Guide)	<input type="checkbox"/>  Toothbrush and toothpaste	<input type="checkbox"/>  Hut lining Also provided with the halboard	